



WE ACKNOWLEDGE THAT AS A PARISH OF THE DIOCESE OF NEW WESTMINSTER,
WE GATHER ON THE TRADITIONAL AND UNSURRENDERED TERRITORY OF THE
HALQ'EMÉYN-SPEAKING COAST SALISH PEOPLES. WE SEEK TO WALK A PATH OF
RECONCILIATION AND HEALING WITH ALL.

10 am Eucharist
Pentecost 18/Season of Creation
22 September 2024

514 CARNARVON STREET, NEW WESTMINSTER, B.C. V3L 1C4

Phone: 604 521-2511

Office: Weijin Ross

Rector: the Rev. Stephanie Shepard

Website: www.holytrinitycathedral.ca

administrator@holytrinitycathedral.ca

stephanie@holytrinitycathedral.ca

*Whether you have been a lifelong Anglican or are new to our tradition, we welcome you this morning! If you are not familiar with Anglican worship, simply allow the words, music and symbols to speak to you. Participate as fully as you feel comfortable in doing. We stand to sing and sit to listen. Some people kneel for prayer, some sit and some stand. Please do what is comfortable for you. You are invited to join in the words in **bold type**. Music for the songs is found in the blue Common Praise or green Songs for a Gospel People hymnbooks in the pews.*

THE GATHERING OF THE COMMUNITY

Prelude

Announcements

Gathering Song

'We Walk By Faith'

Common Praise 244 (tune Shanti)

**We walk by faith and not by sight;
No gracious words we hear
From him who spoke as none e'er spoke;
But we believe him near.**

**We may not touch his hands and side,
Nor follow where he trod;
But in his promise we rejoice
And cry "My Lord and God!"**

**Help then, O Lord, our unbelief;
And may our faith abound,
To call on you when you are near,
And seek where you are found:**

**That, when our life of faith is done,
In realms of clearer light
We may behold you as you are,
With full and endless sight.**

Greeting

Presider: The grace of our Lord Jesus Christ, and the love of God,
and the communion of the Holy Spirit be with you all.

People: **And also with you.**

Hymn of Praise
'Gloria'
Common Praise 702 (tune Mass of Hope)

***Refrain: Glory to God in the highest,
and peace to his people on earth!***

**Lord God, heavenly king, almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

Refrain

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God, you take away the sin of the world:
have mercy on us.
You are seated at the right hand of the Father,
receive our prayer.**

Refrain

**For you alone are the Holy One, you alone are the Lord,
you alone are the Most High Jesus Christ,
with the Holy Spirit, in the glory of God the Father. Amen!**

Refrain

Collect of the Day

Presider: Let us pray,

**People: O God, who draws near to us
and whose nature is revealed in lordship laid aside:
give us grace to welcome you
in the child and in the outcast;
in the name of Jesus Christ, who humbled himself
so that we might know eternal life. Amen.**

Young People's Time

THE PROCLAMATION OF THE WORD

The First Reading: Proverbs 31:

Reader: A reading from the Book of Proverbs

¹⁰ A capable wife who can find? She is far more precious than jewels.

¹¹ The heart of her husband trusts in her, and he will have no lack of gain.

¹² She does him good, and not harm, all the days of her life.

¹³ She seeks wool and flax, and works with willing hands.

¹⁴ She is like the ships of the merchant, she brings her food from far away.

¹⁵ She rises while it is still night and provides food for her household
and tasks for her servant-girls.

¹⁶ She considers a field and buys it;
with the fruit of her hands she plants a vineyard.

¹⁷ She girds herself with strength, and makes her arms strong.

¹⁸ She perceives that her merchandise is profitable.

Her lamp does not go out at night.

¹⁹ She puts her hands to the distaff, and her hands hold the spindle.

²⁰ She opens her hand to the poor, and reaches out her hands to the needy.

²¹ She is not afraid for her household when it snows, for all her household are
clothed in crimson.

²² She makes herself coverings; her clothing is fine linen and purple.

²³ Her husband is known in the city gates, taking his seat among the elders of the
land.

²⁴ She makes linen garments and sells them; she supplies the merchant with
sashes.

²⁵ Strength and dignity are her clothing, and she laughs at the time to come.

²⁶ She opens her mouth with wisdom, and the teaching of kindness is on her
tongue.

²⁷ She looks well to the ways of her household, and does not eat the bread of
idleness.

²⁸ Her children rise up and call her happy; her husband too, and he praises
her:²⁹ 'Many women have done excellently, but you surpass them all.'³⁰ Charm is
deceitful, and beauty is vain, but a woman who fears the Lord is to be praised.

³¹ Give her a share in the fruit of her hands, and let her works praise her in the
city gates.

Holy Word, Holy Wisdom.

All: Thanks be to God.

The Psalm: 1

*“The Tree of Life”
CP 488 (tune Pinkham)*

**The tree of life my soul hath seen,
Laden with fruit, and always green.
The trees of nature fruitless be,
Compared with Christ the apple tree.**

**His beauty doth all things excel,
By faith I know, but ne'er can tell,
The glory which I now can see,
In Jesus Christ the apple tree.**

**For happiness I long have sought,
And pleasure dearly I have bought;
I missed in all; but now I see
'Tis found in Christ the apple tree.**

**I'm weary with my former toil,
Here I will sit and rest awhile;
Under the shadow will I be
Of Jesus Christ the apple tree.**

**This fruit doth make my soul to thrive,
It keeps my dying faith alive;
Which makes my soul in haste to be
With Jesus Christ the apple tree.**

Second Reading: James

Reader: A reading from the Letter of James,

¹³Who is wise and understanding among you? Show by your good life that your works are done with gentleness born of wisdom. ¹⁴But if you have bitter envy and selfish ambition in your hearts, do not be boastful and false to the truth. ¹⁵Such wisdom does not come down from above, but is earthly,

unspiritual, devilish. ¹⁶ For where there is envy and selfish ambition, there will also be disorder and wickedness of every kind. ¹⁷ But the wisdom from above is first pure, then peaceable, gentle, willing to yield, full of mercy and good fruits, without a trace of partiality or hypocrisy. ¹⁸ And a harvest of righteousness is sown in peace for those who make peace.

4 Those conflicts and disputes among you, where do they come from? Do they not come from your cravings that are at war within you? ² You want something and do not have it; so you commit murder. And you covet something and cannot obtain it; so you engage in disputes and conflicts. You do not have, because you do not ask. ³ You ask and do not receive, because you ask wrongly, in order to spend what you get on your pleasures.

Reader: Holy Word, Holy Wisdom.

All: Thanks be to God.

Gospel Song

'Jesu, Jesu, Fill Us with Your Love'
Common Praise 504 (tune Cherepont)

***Refrain: Jesu, Jesu,
fill us with your love,
show us how to serve
the neighbours we have from you.***

**Kneels at the feet of his friends,
silently washes their feet,
master who acts as a slave to them.**

Refrain

**Neighbours are rich and poor,
Varied in colour and race,
Neighbours are near and far away.**

Refrain

**These are the ones we should serve,
These are the ones we should love;
All these are neighbours to us and you.**

Refrain

The Gospel:

Reader: The Lord be with you.

All: And also with you.

Reader: The Holy Gospel of our Lord Jesus Christ according to Mark.

All: Glory to you, Lord Jesus Christ.

³⁰ They went on from there and passed through Galilee. Jesus did not want anyone to know it; ³¹ for he was teaching his disciples, saying to them, 'The Son of Man is to be betrayed into human hands, and they will kill him, and three days after being killed, he will rise again.' ³² But they did not understand what he was saying and were afraid to ask him.

³³ Then they came to Capernaum; and when he was in the house he asked them, 'What were you arguing about on the way?' ³⁴ But they were silent, for on the way they had argued with one another about who was the greatest. ³⁵ He sat down, called the twelve, and said to them, 'Whoever wants to be first must be last of all and servant of all.' ³⁶ Then he took a little child and put it among them; and taking it in his arms, he said to them, ³⁷ 'Whoever welcomes one such child in my name welcomes me, and whoever welcomes me welcomes not me but the one who sent me.'

Reader: The Gospel of Christ.

All: Praise to you, Lord Jesus Christ.

Sermon

The Rev. Stephanie Shepard

The Prayers of the People

Leader: God of the land, the sea, the sky: Creator of all that is seen and unseen. Open our hearts to the rhythm of Creation in the swells of the ocean, the movements of air and wind, the breath of all living things. Open our eyes to the fragile beauty of the biodiversity of which we are a part. Open our ears to the sounds of life around

us. Open our minds to the awareness of our deep relationship with all your Creation. Creator God:

All: May we hope and act with Creation.

Leader: God of light, life and love: Help us to seek and find your presence in all Creation. Help us to understand the roots of the ecological crisis and give us the wisdom to live resiliently in harmony with your Creation. Keep us firm in the faith that the gift of life in all its fullness is for all Creation. Help us to maintain hope that your reign of love is manifested in our common love for you, for ourselves, and for our neighbour - both human and non-human. Creator God:

All: May we hope and act with Creation.

Leader: God of truth and justice: Fill us with your spirit of compassion so we may live and act with and in solidarity with Creation. Guide us in paths of righteousness that help us to tread softly on the land and sail gently on the sea. Give us wisdom and courage to recognise our role in the evil of systemic exploitation and extraction and to speak truth to power. Give us strength of heart and arm to be agents of the ecological conversion the world so desperately needs. Creator God:

All: May we hope and act with Creation.

Leader: God of every creature: we lift up to you for healing all who are in our hearts this day...*pause*
and give thanks for all who have died and entered your resurrection life... *pause*
Creator God:

All: May we hope and act with Creation.

Leader: God of forgiveness and renewal: we confess the wrongs we have done and the opportunities we have missed. Grant us the grace to amend our lives and work for the life of our world. Creator God

All: May we hope and act with Creation.

Absolution and the Exchange of the Peace

Presider: Almighty God have mercy upon you,

pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord.

All: Amen.

Presider: May the peace of the Lord be always with you.

All: And also with you.

*You are invited to share a sign of God's peace with your neighbours,
respecting their comfort with distance and touch.*

THE HOLY COMMUNION

Offering Song

'Immortal, Invisible'

Common Praise 393 (tune St. Denis)

**Immortal, invisible, God only wise,
in light inaccessible hid from our eyes,
most blessed, most glorious, the Ancient of Days,
almighty, victorious, thy great name we praise.**

**Unresting, unhasting, and silent as light,
nor wanting, nor wasting, thou rulest in might;
thy justice like mountains high soaring above
thy clouds which are fountains of goodness and love.**

**To all, life thou givest, to both great and small;
in all life thou livest, the true life of all;
we blossom and flourish as leaves on the tree,
and wither and perish, but nought changeth thee.**

**Great source of all glory and wisdom and light,
thine angels adore thee, all veiling their sight;
all laud we would render: O help us to see
'tis only the splendor of light hideth thee.**

The Prayer over the Gifts

Presider: Let us pray,

**All: God of power, your compassionate care
fills us with wonder and awe.
Accept our offering this day, and help us to live
in humble service with all your creation,
For the sake of Jesus Christ our Lord. Amen.**

The Great Thanksgiving

ELW Eucharistic Prayer IX

Presider: The Lord be with you.

People: And also with you.

Presider: Lift up your hearts.

People: We lift them to the Lord.

Presider: Let us give thanks to the Lord our God.

People: It is right to give our thanks and praise.

Presider: It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, O God, creator of the universe. And so with all creatures in and under heaven, we praise your name and join their unending hymn:

All:

Sanctus

Common Praise 719 (tune Land of Rest)

**Holy, holy, holy Lord, God of power and might.
Heaven and earth are full of your glory.
Hosanna in the highest, hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest. Hosanna in the highest.**

Presider: Holy God, you alone are holy, you alone are God. The universe declares your praise; beyond the stars; beneath the sea; within each cell; with every breath.

All: We praise you, O God.

Presider: Generations bless your faithfulness: through the water; by night and day; across the wilderness; out of exile; into the future.

All: We bless you, O God.

Presider: We give you thanks for your dear Son: at the heart of human life; near to those who suffer; beside sinner; among the poor; with us now.

All: We thank you, O God.

Presider: In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: take and eat; this is my body, given for you. Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: this cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me. Remembering his love for us on the way, at the table, and to the end, we proclaim the mystery of faith.

All: Christ has died, Christ is risen, Christ will come again.

Presider: We pray for the gift of your Spirit: in our gathering, within this meal; among your people; throughout the world. Blessing, praise, and thanks to you, holy God, through Christ Jesus, by your Spirit, in your Church, without end.

All: Amen.

The Lord's Prayer

Presider: In the language closest to your heart, let us pray as Jesus taught us:

You are invited to use either the traditional or contemporary version in English or the language you find most helpful for prayer.

**Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us today our daily bread.
Forgive us our trespasses
as we forgive those who
trespass against us.
Lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power, and the glory
for ever and ever. Amen.**

**Our Father in heaven,
Hallowed be your name.
Your kingdom come,
Your will be done
on earth as in heaven.
Give us this day our daily bread.
Forgive us our sins,
As we forgive those who
sin against us.
Save us from the time of trial
and deliver us from evil,
for the kingdom, the power,
and the glory are yours
now and forever. Amen**

The Breaking of the Bread

Presider: We break this bread to share the body of Christ.

**People: We, being many, are one body,
For we all share in the one bread.**

Presider: Dear friends in Christ, God bids you welcome to this table. Here we are strengthened for the journey. Here strangers become friends and the seeker finds God's wisdom speaking to them. See who you are and become what you see.

These are the gifts of God for the people of God.

People: Thanks be to God.

The Communion

You are invited to come forward to receive bread and wine. Gluten-free wafers are available. You receive the fullness of Christ's love if you prefer to take one kind (just the bread or the wine). If you would prefer to have a blessing, please let the priest know.

During Communion

'Sister, Let Me Be Your Servant'
Common Praise 500 (tune Servant Song)

**Sister, let me be your servant,
let me be as Christ to you;
pray that I may have the grace to
let you be my servant too.**

**We are pilgrims on a journey,
fellow travellers on the road;
we are here to help each other
walk the mile and bear the load.**

**I will hold the Christ-light for you
in the night-time of your fear;
I will hold my hand out to you,
speak the peace you long to hear.**

**I will weep when you are weeping;
when you laugh I'll laugh with you.
I will share your joy and sorrow
till we've seen this journey through.**

**When we sing to God in heaven,
we shall find such harmony,
born of all we've known together
of Christ's love and agony.**

**Brother, let me be your servant,
let me be as Christ to you;
pray that I may have the grace to
let you be my servant too.**

Anthem
'Open My Eyes'
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HTC Choir

THE SENDING FORTH OF THE COMMUNITY

The Prayers after Communion

Presider: Let us pray:

**All: Ruler of the universe,
All creation yearns for its fulfilment in your Son.
May we have shared in holy things
Grow into maturity in him.
This we ask in the name of Jesus Christ, our Master. Amen.**

Presider: Glory to God,

**All: Whose power, working in us,
can do infinitely more than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus, now and forever. Amen.**

Sending Song 'How Clear is Our Vocation, Lord' *Common Praise 466 (tune Repton)*

**How clear is our vocation, Lord, when once we heed your call;
To live according to your word, and daily learn, refreshed, restored,
That you are Lord of all, and will not let us fall.**

**But if, forgetful, we should find your yoke is hard to bear;
If worldly pressures fray the mind and love itself cannot unwind
Its tangled skein of care: our inward life repair.**

**We mark your saint, how they became in hindrances more sure,
Whose joyful virtues put to shame the casual way we wear your name,
And by our faults obscure your power to cleanse and cure.**

**In what you give us, Lord, to do, together or alone,
In old routines or ventures new, may we not cease to look for you,
The cross your hung upon, all you endeavoured done.**

The Dismissal

Deacon: Go in peace to love and serve the Lord.

All: Thanks be to God.

Postlude

The flowers in the church today are donated to the glory of God

*The prayers of the people are adapted from
resources for the Season of Creation 2024.*



Liturgical Ministers today

Greeter & worship assistant, 8:00 am:

Greeters, 10 am:

Reader:

Chalice Administrators:

Presider & Preacher:

Server:

Crucifer:

Music Director:

The Rev. Stephanie Shepard

Greg Kennelly

Linda Gravlin

Kyumin Lee

& the Holy Trinity Cathedral Choir

THIS WEEK AT HOLY TRINITY CATHEDRAL

Trinity Tuesdays “Wildlife Congregations”, 7 pm via Teams

Wednesday Midweek Eucharist, 9:30 am*
Wednesday Fellowship Time, 10-10:30 am in the Lounge
Wednesday Bible Study, 10:30-11:30 am in the Lounge
Thursday Vespers, 5:30 pm via Zoom
Saturday Community Brunch, 11 am- noon in the Hall
Sunday BCP Eucharist, 8 am.*
Sunday Choral Eucharist, 10 am.*
**live-streamed over Facebook.*

Go to <https://www.holytrinitycathedral.ca/events>.

Click on the photo of the service. This will take you to Facebook. A box will come up asking for your Facebook login. Click the X on the right upper corner of the box. If you do not have Facebook you should be able to watch from the HTC site.

Next Sunday's Readings for St. Michael & All Angels- Sept. 29, 2024

Genesis 28:10-17; Psalm 103:19-27; Revelation 12:7-12; John 1:47-51