

8 January 2025
9:30 am Wednesday Eucharist

THE GATHERING OF THE COMMUNITY

Presider: The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all.

All: And also with you.

Presider: We gather here from many places on land that is the traditional and unsundered territory of the Halq'emeyn-speaking Coast Salish peoples.

People: May Christ lead us on right pathways as we seek truth and reconciliation in action.

The Collect of the Day

Presider: Let us pray,

**All: Almighty and everliving God,
you revealed the incarnation of your Son
by the brilliant shining of a star.
Shine the light of your justice
in our hearts and over all lands,
and accept our lives as the treasure we offer
in your praise and for your service;
through Jesus Christ, our Saviour and Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and forever. Amen.**

THE PROCLAMATION OF THE WORD

The First Reading: 1 John 4:7-12

Reader: A reading from the First Letter of John,

⁷ Beloved, let us love one another, because love is from God; everyone who loves is born of God and knows God. ⁸ Whoever does not love does not know God, for God is love. ⁹ God's love was revealed among us in

this way: God sent his only Son into the world so that we might live through him. ¹⁰ In this is love, not that we loved God but that he loved us and sent his Son to be the atoning sacrifice for our sins. ¹¹ Beloved, since God loved us so much, we also ought to love one another. ¹² No one has ever seen God; if we love one another, God lives in us, and his love is perfected in us.

Holy Word, Holy Wisdom.

All: Thanks be to God.

The Psalm: 72:1-8

1 Give the king your justice, O God, *

and your righteousness to the king's son;

2 that he may rule your people righteously *

and the poor with justice;

3 that the mountains may bring prosperity to the people, *

and the little hills bring righteousness.

4 He shall defend the needy among the people, *

rescuing the poor and crushing the oppressor.

5 He shall live as long as the sun and moon endure, *

from one generation to another.

6 He shall come down like rain upon the mown field, *

like showers that water the earth.

7 In his time shall the righteous flourish; *

there shall be abundance of peace till the moon shall be no more.

8 He shall rule from sea to sea, *

and from the river to the ends of the earth.

The Gospel: Mark 6:30-44

Reader: The Lord be with you.

All: And also with you.

Reader: The Gospel of our Lord Jesus Christ according to Mark.

All: Glory to you Lord, Jesus Christ.

³⁰ The apostles gathered around Jesus, and told him all that they had done and taught. ³¹ He said to them, 'Come away to a deserted place all by yourselves and rest a while.' For many were coming and going, and they had no leisure even to eat. ³² And they went away in the boat to a deserted place by themselves. ³³ Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. ³⁴ As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things.

³⁵ When it grew late, his disciples came to him and said, 'This is a deserted place, and the hour is now very late; ³⁶ send them away so that they may go into the surrounding country and villages and buy something for themselves to eat.' ³⁷ But he answered them, 'You give them something to eat.' They said to him, 'Are we to go and buy two hundred denarii worth of bread, and give it to them to eat?' ³⁸ And he said to them, 'How many loaves have you? Go and see.' When they had found out, they said, 'Five, and two fish.' ³⁹ Then he ordered them to get all the people to sit down in groups on the green grass. ⁴⁰ So they sat down in groups of hundreds and of fifties.

⁴¹ Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to his disciples to set before the people; and he divided the two fish among them all. ⁴² And all ate and were filled; ⁴³ and they took up twelve baskets full of broken pieces and of the fish. ⁴⁴ Those who had eaten the loaves numbered five thousand men.

The Gospel of Christ.

All: Praise to you, Lord Jesus Christ.

Reflection

THE PRAYERS OF THE COMMUNITY

*A community member offers a litany of intercessions and thanks.
Pauses are kept for you to offer your own prayers, silently or aloud.*

The Exchange of the Peace

Presider: May the peace of the Lord be always with you.

All: And also with you.

*You are invited to share a sign of God's peace with your neighbours,
respecting their comfort with touch.*

THE HOLY COMMUNION

Prayer over the Gifts

Presider: Let us pray.

All: Holy God, gracious and merciful, you bring forth food from the earth and nourish your whole creation. Turn our hearts towards those who hunger in any way, that all may know your care; and prepare us now to feast on the bread of life, Jesus Christ our Saviour and Lord. Amen.

the Great Thanksgiving

Suppl. EP 1

Presider: The Lord be with you.

All: And also with you.

Presider: Lift up your hearts.

All: We lift them to the Lord.

Presider: Let us give thanks to the Lord our God.

All: It is right to give our thanks and praise.

Presider: Holy God, Lover of creation, we give you thanks and praise for in the ocean of your steadfast love you bear us and place the song of your Spirit in our hearts. When we turn from your love and defile the earth, you do not abandon us. Your Spirit speaks through your prophets like Huldah and Micah, through sages and saints in every age, to confront our sin and reveal the vision of your new creation. Joining in the song of the universe we proclaim your glory saying:

**All: Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is the One who comes in the name of the Lord.
Hosanna in the highest.**

Presider: Gracious God, in the fullness of time you sent Jesus the Christ to share our fragile humanity. Through Jesus' life, death, and resurrection you open the path from brokenness to health, from fear to trust, from pride and conceit to reverence for you. Rejected by a world that could not bear the Gospel of life, Jesus knew death was near. His head anointed for burial by an unknown woman, Jesus gathered together those who loved him.

He took bread, gave thanks to you, broke it and gave it to his friends, saying, "Take and eat: this is my body which is given for you. Do this for the remembrance of me." After supper, Jesus took the cup of wine, gave you thanks, and said "Drink this all of you, this is my blood of the new covenant which is shed for you. Whenever you drink it, do this for the remembrance of me." And now we gather at this table in

response to his commandment, to share the bread and cup of Christ's undying love, and to proclaim our faith.

All: Christ has died. Christ is risen. Christ will come again.

Presider: Breathe your Holy Spirit, the wisdom of the universe, upon these gifts that we bring to you: this bread, this cup, ourselves, our souls and bodies, that we may be signs of your love for all the world and ministers of your transforming purpose. Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, Creator of all, and we bless your holy name for ever.

All: Amen.

The Lord's Prayer

In the language closest to your heart, let us pray as Jesus taught us:

*(please use the traditional version or another language
you use for prayer if you desire)*

**All: Our Father in heaven, hallowed be your name.
Your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread. Forgive us our sins,
as we forgive those who sin against us.
Save us from the time of trial, and deliver us from evil.
For the kingdom, the power and glory are yours
now and for ever. Amen.**

The Breaking of the Bread

Presider: Dear friends in Christ, God bids you welcome to this table. Here we are strengthened for the journey. Here strangers become friends and the seeker finds God's wisdom speaking to them. See who you are and become what you see. These are the gifts of God for the people of God.

People: Thanks be to God.

All who are drawn to Christ are welcome at this table. Bread and wine are shared, but receiving in one kind carries the fullness of Christ's presence. You may also come forward for a blessing instead.

Prayer after Communion

Presider: All your works praise you, O God,

**All: And your faithful servants bless you.
Gracious God, we thank you for feeding us
with the body and blood of your Son Jesus Christ.
May we, who share his body, live his risen life;
we, who drink this cup, bring life to others;
we, whom the Spirit lights, give light to the world.
Keep us firm in the hope you have set before us,
so that we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord. Amen.**

The Dismissal

Presider: Go in peace to love and serve the Lord.

All: Thanks be to God.

*Please join us for coffee and conversation after this service
In the Parish Hall Lounge- the building facing the cathedral across the walkway.*

Sunday's Readings for the Baptism of Our Lord, January 12th

Isaiah 43:1-7; Psalm 29; Acts 8:14-17; Luke 3:15-17 & 21-22



THIS WEEK AT HOLY TRINITY CATHEDRAL

Thursday

Vespers, 5:30- 6 pm via Zoom+

Saturday

Community Brunch, 11 am-noon

Sunday

BCP Eucharist, 8-9 am. *

Choral Eucharist, 10-11:15 am *

Wednesday

Midweek Eucharist, 9:30-10 am*

Coffee & Fellowship, 10-10:30 am

Bible Study, 10:30-11:30 am

+ link available by signing up for the weekly newsletter on

www.holytrinitycathedral.ca

**live-streamed over Facebook.*

***HOW TO FIND THE LIVE-STREAMED SERVICES:**

go to www.holytrinitycathedral.ca

TO CONTACT THE PARISH OFFICE:

email administrator@holytrinitycathedral.ca or phone 604-521-2511

to contact the Rev. Stephanie Shepard,
email stephanie@holytrinitycathedral.ca